

Appendix 3.

2024 TDRU Open Women's competition

Regular season competition format is;

- 12 players per team
- Maximum 8 reserves
- 2 x 30 minute halves
- 6 x players for scrum formation

The TDRU Open Women's competition will be played following all 2024 TDRU competition rules with the following exceptions;

1. ALL teams must communicate their player numbers and preferred competition format for the upcoming round to the TDRU by no later than Thursday 9pm. Communication will be through a dedicated "TDRU Women's Whatsapp group" facilitated by the TDRU Director of Rugby.

There is provision for opposing teams to agree to change format to either 10 a side or 15 a side. Both teams MUST communicate their preferred format in writing and both teams are required to be in agreement to move from 12 a side competition.

If no agreement is reached between teams then the game defaults to 12 a side competition. If one team is unable to field 12 players than that team will forfeit.

In an instance where teams move to 10 a side or 15 a side the following game guidelines are to be followed;

Player Numbers	Maximum Reserves	Playing Time	Scrum formation
10	8	2 x 20 minute halves	5 x players
15	8	2 x 30 minute halves	8 x players

2. Regardless of format on field player numbers must be matched
3. No loss of players or subs for uncontested scrums provided the game starts with contested scrums.
4. Fatigue management. Should a game be played where a team/s have less than 2 reserves, a mandatory drink break will be taken midway through the half, after a score or when the ball is dead near the halfway line, as per WR Law 5.9. This mandatory water break applies only to matches of 2 x 30 minute duration. Match Officials are reminded of their obligation to monitor player welfare and that they have the discretion, as per Law 5.9, to allow a water break in any format of the game, where they see fit.
5. Finals series will be played as per 2024 TDRU competition rules as a 15 a side format.